



Period 1	7:45 - 8:30
Period 2	8:35 - 9:20
Break	9:20 - 9:30
Period 3	9:35 - 10:20
Period 4	10:25 - 11:10
Lunch	11:10 - 11:40
Period 5	11:45 - 12:30
Period 6	12:35 - 1:20
Period 7	1:25 - 2:10

Tomorrow is our Cougar Pride Spirit Day! Be sure to wear as much red or Carmel gear as possible. Although we will not have a spirit table during lunch due to **Ohana Day**, the leadership students will be around to see how many of you are showing your Cougar Pride! Don't forget that next week you will have a dress-up day and activity each day of the week. **Go Cougars!**

Fall Sports Tryouts CONCLUDE TODAY! 8th Grade Girls **Volleyball** hopefuls meet in the gym from 2:20-4:00pm followed by the boys from 4:00-6:30 **Soccer** meets on the lower fields from 3:00-4:30pm. **Good Luck to all!**

8th Graders: Ohana Day is tomorrow after 4th period. Please dress in active wear, apply sunscreen, and bring your reusable water bottle.

Intramural Sports News:

The 6th Grade Wiffle Ball Tournament continued yesterday when *The Las Vegan Krislyn Mosasaurs* defeated the *Guzzitropolis Gilmorosaurs* by a score of 10-0 yesterday. The mosasaurs looked good with timely hitting and solid defense. Today the *MoBeChi Megladons* will face off against the *Allenberg Allosaurs* at Wiffler's Park.

The 7th Grade Corn Toss Tournament continued Wednesday with an epic battle between *Corny Carr's Corndogs* and *Abate's renamed Popcorn Peeps*. After a 3-point cornhole by the Peeps tied the match at 17 all, Carr's Corndogs dug deep and outscored the Peeps 4-1 in the final two rounds to take the victory by a final score of 21-17. The Corndog win will set up a semifinal matchup with Da Baby Cornz next week. Today's game is between *Mr. Steely's High Fructose Corn Syrup Tossers* and *Le Cornichons d'Olin*. See you in the pits!

For 8th Grade Volleyball News: After a BYE yesterday, the *Clodger's Fudge Cakes* take on the *Woodwardville Whip Creamers*. Come out to the courts to cheer on your team!

Did you know that tomorrow is National Dog Appreciation Day!? Bring us a picture of you and your pup for our Dog appreciation display in The Library! You can also email a picture to any of friendly Librarians for us to print!

Get ready CMS! Next week is our Back-to-School Spirit Week Grade Level Competition.. On Monday, it is everyone's favorite dress-up day, **Pajama Day!** **On Tuesday**, we are reminiscing about our summer vacations and having a **Tropical Hawaiian Beach Day**. **Wednesday** is Decade Day. Let's blast to the past for this fun dress-up day. **On Thursday**, you all need to pull out your favorite team's jerseys or dress up in your favorite sports uniform for Sport your **Favorite Sports Team or Sports Day**. **On Friday**, we all need to show our **Cougar Pride** by wearing our school colors. However, each grade level is going to be assigned a color. Sixth graders, you need to wear as much white as possible. (The light gray t-shirts you received during our BAC Day will count.) Seventh graders, you need to wear as much red as possible. Eighth graders, you need to wear as much gray as possible.

Today's Menus: **Breakfast:** Cinnamon Crumb Loaf and Assorted Cereals **Lunch:** Orange Chicken, Corn Dog, Mac & Cheese, Turkey Taco, or Chicken Salad.